Nosodes
Unique therapy for chronic infections
By Gabrielle Traub
The Joint American Homeopathic Conference

Gabrielle Traub M.Tech (Hom), CHC
Board certified classical homeopath
San Diego Homeopathy, San Diego, USA

I have no financial relationships with commercial interests to disclose

My presentation does not include discussion of off-label or investigational use.
Challenges with chronic infections

- Declining patient compliance
- Reinfections
- Drug resistance
- Treatment cost
Many patients today are looking for natural therapies that can improve treatment outcome.

Nosodes may be a low-risk adjunctive therapy.

Nosodes can be used in conjunction with conventional and naturopathic treatments.
What are nosodes?

Homeopathic remedies prepared from:

✓ Infected tissues
✓ Infected secretions
✓ Pathogens (bacteria, virus, mycoplasma)
Examples of nosodes

- Psorinum (Scabies)
- Medorrhinum (Gonorrhea)
- Tuberculinum bovinum
- Tuberculinum aviare
- Bacillimum burnett
- Carcinosinum
- DPT (vaccine)
- Influenzinum
- Pertussinum
- Borrelia burgdorferi
- Candida albicans
- Bartonella henselae
- Mycoplasma pneumonia
- Herpes simplex type I
- Herpes simplex type II
- Herpes zoster
- Yersinia entercolitica
- Yersinia pseudotuberculosis
- Streptococcinum
- Staphyloccinum
- Chlamydia trachomatis
- HHV-4 (Epstein Barr)
- HHV-6
Autogenous nosodes

Prepared from the patient’s own secretions:

- saliva
- urine
- blood
- or other discharges
Sarcodes

• While Nosodes are made from DISEASED products,
• Sarcodes are made from HEALTHY animal or human products

Examples:
• Ambra grisea
• Bowel Nosodes
• Cholesterin
• Folliculimum
• Organotherapy, e.g. thyroidinum, cor (heart), lung
Isopathy vs Homeopathy

- **Homeopathy**: Law of Similars. “Like cures like”
- **Isopathy**: we give exactly the same as what they already have.

<table>
<thead>
<tr>
<th></th>
<th>Homeopathy</th>
<th>Isopathy</th>
</tr>
</thead>
<tbody>
<tr>
<td>Influenza</td>
<td>Gelsemium, Aconite, Eupatorium perfoliatum</td>
<td>Influenzinum</td>
</tr>
<tr>
<td>Malaria</td>
<td>China, Nux vom, Nat muriaticum</td>
<td>Malaria nosode</td>
</tr>
<tr>
<td>Lyme dx</td>
<td>Arsenicum album, Mercurius, Sepia, Tellerium</td>
<td>Borrelia nosode</td>
</tr>
</tbody>
</table>
“A morbific poison will cure the disease which produces it, if given in a high potency.”

Hahnemann

Organon

Footnote 59 to §156 (p. 194, 5th. ed., Wesselhoeft trans.)
Dr. Samuel Hahnemann
(1755-1843)
- Temporary relief of symptoms. Relapses common
- Removal of some symptoms replaced with others
- No long term improvement in overall health
Miasm

Taint or a stigma left behind from certain infectious diseases.
Beneath seemingly unrelated acute illnesses lies a miasm.

- Miasms are caused by specific microbes.
- Even after the disease is “treated”, the patient continues to weaken.
- Passed down from generation to generation.
- Removal of the visible disease does not eliminate it.
- Ways to identify the chronic miasm.
- Specific anti-miasmatic remedies.

Dr. Hahnemann’s work
These infectious diseases affect the primordial cell which create changes in the genetic structure of all developing cells.
Unresolved infections and chronic disease

Researchers have found a correlation between neglected or improperly treated chronic infections and other chronic diseases, including some cancers. For example:

- Epstein-Barr Virus and certain lymphomas
- HSV-1 and Alzheimer’s disease
- Human papillomavirus and cervical cancer
- Helicobacter pylori and stomach ulcers, gastritis and gastric cancer
- Chlamydia trachomatis and pelvic inflammatory disease and infertility
Dr. Luc Montagnier
French virologist
• Nobel Prize for discovery of HIV.

• Honored worldwide with many awards:

• Author or co-author of 350 scientific publications and of more than 750 patents.
“Electromagnetic signals are produced by aqueous nanostructures derived from bacterial DNA sequences.”

Most pathogenic bacterial and viral DNA in homeopathic dilutions generate measurable electromagnetic waves.

Amedeo Avogadro
(1776-1856)

6.022140857×10^{23}

Homeopathic dilutions greater than 12c/24x are beyond Avogadro’s number.
Dr. Montagnier hypothesized that he could detect electromagnetic waves even after the HIV patient has been treated with antiretroviral drugs and there are no traceable amounts of HIV in their blood.
Transduction of DNA sequences from pathogenic microorganisms through high dilutions of water.

By Dr. Montagnier
Montagnier’s hypotheses:

1. Technology to measure high dilutions
2. Unmeasurable virus/bacterial DNA problematic
3. Work with nosodes
Dr. Edwards Jenner

- 1796: Small pox vaccine
- Organon: Aphorism 46 Hahnemann commends Jenner on smallpox vaccine
- Cowpox (most homeopathic), now Vaccinia used
Nosodes predecessors to vaccines

<table>
<thead>
<tr>
<th>Nosode</th>
<th>Vaccine</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1823</strong>: Lux developed isopathy</td>
<td><strong>1885</strong>: First vaccine (Rabies)</td>
</tr>
<tr>
<td><strong>1833</strong>: Hering potentized the saliva of a rabid dog for rabies</td>
<td><strong>1885</strong>: Pasteur developed the rabies vaccine with the saliva of a rabid dog</td>
</tr>
<tr>
<td><strong>1860</strong>: Swan uses nosode, <em>Tuberculinum</em> to treat Tuberculosis</td>
<td><strong>1882</strong>: Koch identifies M. tuberculosis as causing TB</td>
</tr>
<tr>
<td><strong>1885</strong>: Burnett uses nosode, <em>Bacillinum</em> to treat tuberculosis</td>
<td><strong>1890</strong>: Koch introduced Tuberculin as a “cure” for Tuberculosis</td>
</tr>
<tr>
<td></td>
<td><strong>1921</strong>: BCG vaccine first used</td>
</tr>
</tbody>
</table>
Clinical studies using Nosodes
Homeopathic research and nosodes


Tularemia nosode produces titers and immunity in mice

- Nosode decreased mortality by 22%
- Delayed death by 5 days
- Tripled the number of organisms required to kill 50% of the animals.

Potencies used

<table>
<thead>
<tr>
<th>Potency</th>
<th>D3</th>
<th>D7</th>
<th>D14</th>
<th>30c</th>
<th>200c</th>
<th>1M</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dilution</td>
<td>$10^{-3}$</td>
<td>$10^{-7}$</td>
<td>$10^{-14}$</td>
<td>$10^{-60}$</td>
<td>$10^{-400}$</td>
<td>$10^{-2000}$</td>
</tr>
</tbody>
</table>

- 30c and 200c stimulated specific anti-tularensis **antibodies** after 4 weeks.
- No protein detected in nosode preparations, but could be distinguished from control solutions with 1H NMR-spectroscopy.
- All potencies provided protection except for 1M.
Leptospirosis nosode during epidemic

The Cuban government conducted a research study on 2.3 million people to assess whether the nosode made from Leptospirosis could be effective in disease prevention during an epidemic.

Posology used in Leptospirosis study

One dose of 200c potency and another dose 7-9 days later

The following year:
One dose of 10M and another dose 7-9 days later.
Purpose of today’s presentation

1) To consider nosodes as a cost-effective adjunctive therapy for treatment of chronic infections.

2) Guidelines for usage and posology.

3) How to administer nosodes safely and effectively.
Indications for Nosodes

1. Symptom picture matches that of the remedy (Homeopathy)
2. Miasm is clear, but remedies fail to act
3. Miasm is clear, but remedy is unclear
4. Remove miasmatic taint/block
5. Family history
6. Antidoting complications or sequelae of infections.
7. Never well since an infection
8. Convalescence is slow, patient relapses, or vitality is poor after an infection.
A case using *Epstein Barr Virus nosode*
<table>
<thead>
<tr>
<th>Remedy</th>
<th>Dosages used</th>
<th>Methodology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phosphorous</td>
<td>1M, 2M, LM3</td>
<td>Dry dose, LM potency</td>
</tr>
<tr>
<td>EBV nosode</td>
<td>200c, 1M</td>
<td>Dry dose intermittently.</td>
</tr>
</tbody>
</table>
Timing

Used isopathically, nosodes more effective during chronic or sequelae stages.
FIRST DO NO HARM
Safety of homeopathic medicines


Safety of nosodes

While most OTC homeopathic remedies are relatively safe,

Nosodes can produce an immune response resulting in unwanted side effects.
A case of Bartonella
<table>
<thead>
<tr>
<th>Remedy</th>
<th>Reaction</th>
<th>Dosages used</th>
<th>Methodology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Natrum sulphuricum</td>
<td>Significant improvement in head injury symptoms. No other change</td>
<td>200c</td>
<td>Dry dose, bid</td>
</tr>
<tr>
<td>Thuja occidentalis</td>
<td>Possible etiology of HPV vaccine: No change</td>
<td>30c</td>
<td>Dry dose, daily</td>
</tr>
<tr>
<td>*Bartonella nosode series</td>
<td>Significantly helped alopecia, tic, skin eruption, nystagmus, fatigue, anxiety, fears and suicidal disposition. Did not help vision.</td>
<td>Ascending serial dilution: 15X 20X 30X 60X 90X 120X 150X 200X 500X 1000X. Then descending.</td>
<td>Diluted in water</td>
</tr>
<tr>
<td>Natrum muriaticum</td>
<td>Helps headaches and mood</td>
<td>30c, 200c</td>
<td>Dry dose prn</td>
</tr>
</tbody>
</table>

*Nosode
Methods to minimize side effects (aggravations)
Choosing the optimal posology
Dosage availability

Mycoplasma pneumonia nosode

- D: 9, 10, 12, 15, 30
- C: 4, 5, 6, 7, 9, 10, 12, 15, 30, 200,
- M: 1MK, 10MK
Sensitivity of patient

- Previous reactions: medications, supplements, herbs, homeopathic remedies
- Reactions to environment: food, chemicals, stress
- Nature of pathology: e.g. skin conditions, allergies
Other medications
Method of administration

- Dry dose
- Liquid dose
- Diluted in water
- 5 cup method

(Dr. Farokh Master)
Frequency of repetition

- Single dose
- Biweekly
- Weekly
- Bimonthly
- Monthly
- Biannually
- Annually

- Minimum dose
Adjusting the potency

- Ascending dose
- Descending dose
- Protocol e.g. once a week for 4 doses
- Dosing to tolerance
- Minimum dose
Not limited to infections
A case of Dysmenorrhea using Carcinosum
<table>
<thead>
<tr>
<th>Remedy</th>
<th>Helped patient with</th>
<th>Dosages used</th>
<th>Methodology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carcinosin</td>
<td>• Dysmenorrhea</td>
<td>Ascending potency:</td>
<td>Dry dose.</td>
</tr>
<tr>
<td></td>
<td>• Growth &amp; development</td>
<td>30c</td>
<td>One dose 5 days before menstruation.</td>
</tr>
<tr>
<td></td>
<td>• Mood</td>
<td>200c</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Confidence</td>
<td>1M</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Headaches</td>
<td>10M</td>
<td></td>
</tr>
</tbody>
</table>
A case of eczema
<table>
<thead>
<tr>
<th>Remedy</th>
<th>Reaction</th>
<th>Dosages used</th>
<th>Methodology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nat mur</td>
<td>Past: Life changing. Helped emotional state significantly. For years didn’t need another remedy. Current reaction: Aggravated eczema &amp; emotional state</td>
<td>Ascending potency: 30c, 200c, 1M, 26M, 10M, 30M, 38M, 50M</td>
<td>Dry dose, liquid dose, 5 cup method</td>
</tr>
<tr>
<td>Sulphur</td>
<td>Palliation</td>
<td>30c, 1M</td>
<td>5 cup method</td>
</tr>
<tr>
<td>*Psorinum</td>
<td>Cleared up eczema, helped emotionally and overall</td>
<td>30c, 1M, CM, 6c. Still takes 12c infrequently.</td>
<td>5 cup method</td>
</tr>
<tr>
<td>*Nosode</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
A case of tics, OCD and ADHD
<table>
<thead>
<tr>
<th>Remedy</th>
<th>Reaction</th>
<th>Dosages used</th>
<th>Methodology</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lueticum</td>
<td>Some improvement but not sustained.</td>
<td>30c, 200c, 1M, 10M</td>
<td>Dry dose, Diluted in water</td>
</tr>
<tr>
<td>Lachesis</td>
<td>Significant improvement</td>
<td>30c, 1M, 2M, 3M</td>
<td>Diluted in water</td>
</tr>
<tr>
<td>Medorrhinum</td>
<td>Significant improvement</td>
<td>1M</td>
<td>Diluted in water</td>
</tr>
<tr>
<td>Crotalus cascavella</td>
<td>Significant improvement</td>
<td>1M, 10M, CM, 30c, 200c, LM3</td>
<td>Diluted in water</td>
</tr>
</tbody>
</table>

*Nosode*
Case of endometriosis
<table>
<thead>
<tr>
<th>Remedy</th>
<th>Helped patient with</th>
<th>Dosages</th>
<th>Methodology</th>
</tr>
</thead>
</table>
| Ignatia  | • Grief  
         • Heartbreak  
         • Mittelschmerz                                      | 50M, CM     | Diluted in water|
| Lycopodium | • Confidence  
         • Digestive complaints  
         • Anticipatory anxiety  
         • Social anxiety  
         • PMS                                                 | LM1, 1M, 10M | Diluted in water|
| *Carcinosin | • Endometriosis  
         • Mittelschmerz  
         • Dysmenorrhea  
         • Dyspareunia  
         • Confidence  
         • Anticipatory anxiety  
         • Social anxiety                              | 1M, 10M     | Diluted in water|
| *Nosode  |                                                         |             |                 |
References


